

Tennis, Fitness and Fun

BUDDY

Tennis, Inc.®
for Down syndrome



Join our journey!

Buddy Up Tennis is a high-energy adaptive tennis and fitness program for children and young adults with Down syndrome.



Dayton

Fall Session

Saturdays from 9:00 am – 10:30 am:

- August: 11, 18 & 25
- September: 8, 15 & 22
- October: 6, 13 & 20
- November: 3, 10 & 17

Location

Kettering Tennis Center
4655 Gateway Circle
Dayton, OH 45440

Cost

\$15/ Clinic or \$165 / Entire Session

MVDSA Member Special Rate:

\$65/Session for Members
or Members can use their Opportunity Award

Contact

To learn more or sign up, contact:
Dayton@BuddyUpTennis.com

What We Do:

We host weekly 90-minute clinics nationwide, which include 60 minutes of professional tennis instruction and 30 minutes of fitness conditioning. **Buddy** volunteers are partnered with our **Athletes** to maximize the experience. No experience required. Team shirt & racquet provided.



Participate:

Become an **Athlete**

- Join a team
- Improve motor skills
- Enhance coordination
- Grow emotionally
- Foster friendships

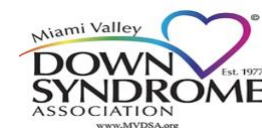


Volunteer:

Become a **Buddy**

- Make a difference
- Gain personal growth
- Connect & give back
- Meet new people
- Be a role model

Proudly affiliated with:



To become a NEW Buddy or Athlete, register at

www.BuddyUpTennis.com

Where there's a WILL, there's a WAY!®