

8th Annual MVDSA Buddy Walk

Saturday, September 25th, 2010

Delco Park, Kettering

Our annual Buddy Walk is fast approaching! The Buddy Walk is a one mile advocacy walk started by the National Down Syndrome Society in 1995 to promote acceptance and inclusion of people with Down syndrome. The funds raised will support our local programs and the national programs of the National Down Syndrome Society. Your support will help people with Down syndrome take "steps for a brighter tomorrow."

Here are a few things you may need to know about this year's Buddy Walk:

1. **Donations:** www.firstgiving.com/mvdsa. The Firstgiving website is very user-friendly. Please pass along this website to all of your family and friends. Any checks or cash donations can be turned into the office during office hours.
2. **T-Shirt pick-up dates:** 9/16/10 from 6:30 pm - 8:30pm, 9/21/10 from 4:30 pm- 7pm. If you are unable to pick-up your t-shirts on these dates, t-shirts can also be picked up during office hours after 9/16/10. Keep in mind that we cannot reserve t-shirts. They are on a first come, first serve basis.
3. **Team Competition Totals:** Team Leaders will need to turn in all monies to the office by **September 21st, 2010** to be included in the Team Competition. The Top 5 fundraising teams as of 7pm on 9/21/10 will be provided with: A prime located and "Decorated" Team tent with refreshments for your team.
4. **Walk of Achievement:** All Walk of Achievement posters must be turned into the office by Tuesday, **September 21st**. If you have not picked up your Walk of Achievement poster boards yet, you can still pick them up during office hours. At September's General Meeting, we will have a poster board party where anyone that hasn't completed their Walk of Achievement yet, can come and make theirs.
5. **Volunteers:** We need volunteers to help set up and clean up at the Buddy Walk. We have 2 shifts available, 7-9 am and 9-12 pm. (If you are a member, you will get scholarship points for helping). If you want more information or would like to volunteer, please email Lisa VanWey at matts3mom@yahoo.com or call her at 937-399-4749. We need YOU!!!!
6. **Buddy Walk Billboard locations:** 1) Dayton RT 4 East of Rutledge Ave 2) Dayton 444 North of Dayton-Yellowsprings Rd East near WPAFB hospital 3) Dayton Rt 35 west of Spinning Rd 4) Dayton Salem Ave north of Union Rd 5) Sidney Cr25a 300 north of Union Rd 6) Sidney 571 1 Mile west of 202.

Our Buddy Walk is one of our most important and incredible days of celebration with family, friends, and people, who like you, want to raise awareness, raise funds, and raise the hope of acceptance and inclusion in our community for all people with Down syndrome. On behalf of the Board of MVDSA, we are truly thankful for all the members, friends and supporters of the MVDSA. If you have any questions, please feel free to call the office at 937-222-0744 or email office@mvdsa.org or contact Chris Grebner, Buddy Walk Chairperson, at 937-602-7308 or email her at christinegrebner@hotmail.com. After the Buddy Walk, please send any Buddy Walk pictures to the office for the November/December Issue. Thank you!

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Letter from the President



Hello Everyone,

First of all, I would like to personally welcome our 2010-2011 MVDSA Board Members : Vice President: Linda Short, Treasurer: Chris Roll, Recording Secretary: Dawn Koesters, Newsletter Editor: Kelli Fritz, and Past President: Stefan Bridenbaugh. I'm looking forward to working with our new board and members this year.

Well, September is here and that means the kids are back in school, the Fall festivals will be starting and it's almost time for Buddy Walk.

Speaking of Buddy Walk, make sure you mark your calendars for our Buddy Walk, Saturday September 25th! You can log onto the MVDSA

Buddy Walk website at www.firstgiving.com/mvdsa to register and collect donations. There is no registration fee. Remember, Buddy Walk is the MVDSA's biggest fundraiser of the year, so in lieu of a registration fee, we encourage you to make a tax deductible contribution and to raise donations from families and friends to support the programs and services of the MVDSA. You can also create your own Buddy Walk personal page to share with family, friends, doctors, therapists, and colleagues. It's a convenient and simple way to share information about Buddy Walk and raise money through personalized emails to your supporters.

Keep up the GREAT work, TEAMS! See YOU at Buddy Walk. Thanks!

Sincerely, Chris Grebner
President of MVDSA



Poem by Sandy Eakle

As beautiful angels wings were
flying over the streets of gold,
the baby angels could only
watch since they weren't very old.

Then one day God stopped to
talk to a little one without wings,
He said, "your day has come.....
just listen to the angels sing".

Confused yet excited the little
one said to the Lord,
"But I'm different from the others
God and not a miracle to behold".

"Oh, but yes you are," He said
with a hug and smile on his face.
"You're the greatest gift I can give
and a loving home you will grace".

You mean, tho I'm different and
will never be beautiful or smart
Someone will want me and give
me a place in their heart?"

"Gee God.....that person must be
special to be glad to have me,
Cause most folks would frown
and upset they would be."

God said, "your little heart was
filled with more love than most.
Cause I knew this family would
love you and hold you real close.

So go my little angel and take
the greatest gift I can bestow.
You're that "special" angel few
people have the honor to know."

Member News

Letter from the Bridenbaugh Family:

Stefan and I would like to take a minute and thank all of you for your prayers, cards and gifts for Michael. This was an unexpected journey but knowing you are all there supporting Michael and us has meant a great deal. You can follow along with our journey at www.caringbridge.com/visit/michaelbridenbaugh We will still be doing all we can to help the MVDSA from home for at least the next 6 months. After that we are hoping to be able to attend some events. Keep praying for us! Again thank you!!

Stefan and Jennifer Bridenbaugh

Welcome Our Newest Members to the MVDSA



Sean & Kara O'Brien & Family
Carl & Tonya Brooks & Family
Betty Schwab & Carol Heidkamp
Sven & JoJo St. John & Family
Tim & Maria Rollins & Family



The Miami Valley Down Syndrome Association would like to welcome our newest members. We are excited to have you as a part of this organization and we look forward to getting to know you better.

Membership Renewal

MVDSA Membership Renewal! We appreciate all of our current members and hope you will continue to be a part of our organization. Membership costs \$25 per family and \$15 per individual. If you have not sent in your membership form and dues yet, please send them in as soon as possible. Thank you!

MVDSA Goals:

- To help families adjust to the birth of a child with Down syndrome
- To provide information to parents of children with Down syndrome
- To increase public awareness regarding Down syndrome

MVDSA Services:

- Bi-Monthly Newsletter (Mailer, Email, and PDF download from web)
- Monthly Meetings with guest speakers
- Playgroups
- Up-to-date Library
- Family social functions
- Projects to increase public awareness
- Camperships and scholarships

Upcoming Events



Everybody Counts!

Our goal is understanding



One of our members, Dawn Millhouse, is coordinating the Everybody Counts Program at Normandy Elementary in Centerville on Tuesday, October 19th from 8:30-10:00am. This 3rd grade program deals with Mental Challenges and they often include individuals with Down syndrome as speakers. For more information about this program, visit <http://www.everybodycounts.net/>. Dawn is looking for any teens or adults with Down syndrome who would like to be a speaker for this. She would like for them to tell the students what they do for a living, where they live, any special talents, their goals, the difficulties they face, can they drive a car, and if not, how do they get from place to place and information like that. If you anyone knows of any teens/adults who would like to participate, please contact Dawn Millhouse at 435-8028 or email her at ddmram@woh.rr.com.

September 11th & 12th, 2010

We will once again be participating in the Beavercreek Popcorn Festival, which is held the weekend of September 11th (Sat. & Sun.) This is another great opportunity for us to raise awareness, raise funds, and raise hope of acceptance and inclusion in our community for all people with Down syndrome. It's an additional opportunity to talk about our upcoming Buddy Walk, so I encourage everyone to wear their Buddy Walk shirts. The festival runs Saturday 10:00 am – 8:00 pm and Sunday 10:00am – 6:00 pm. The Beavercreek Popcorn Festival is located on Dayton-Xenia Road in front of the Beavercreek Kroger. (Between Fairfield Road and Dayton Xenia and Meadowbridge and Dayton Xenia (McDonalds on corner) . <http://www.beavercreekpopcornfestival.org/> We need volunteers to staff our booth on Saturday and Sunday, 2 people minimum and shifts can be 2 hours at a time, or longer, if you like. ***We need to know as soon as possible so we can ensure coverage in those time frames. I appreciate it SO much. We will be passing out water for donations, lollipops, will have last year's Walk of Achievement posters up at our booth, and as well as brochures. PLEASE RESPOND TO CHRIS GREBNER AT 937 426 6110 IF YOU HAVE ANY QUESTIONS. Thank you for helping out. **It's a FUN time!**



October 9th, 2010

Members of the Miami Valley Down Syndrome Association have been the recipients of a wonderful and fun annual event, the LexisNexis Hand-in-Hand Festival for many years. 2010 marks the 22nd such event for our members ages 5 – adult. The Hand-in-Hand is a combination Festival for the members with Down syndrome and a respite opportunity for the families. The members are paired one-on-one with LexisNexis employees/volunteers and, from 10 am – 2 pm, enjoy activities, games, singing and dancing. Additionally there is a picnic, entertainment and a treat in the afternoon. The younger ones always enjoy bringing a bag home with their "earned" prizes and freebies. LexisNexis has done an extraordinary job in hosting this and we are appreciative of their efforts. Many of our regular attendees have made friends over the years and look forward to seeing their buddies once again. Of course, new friends are made each year.

LexisNexis does not charge for the Hand-in-Hand Festival and asks only that attendees sign up in advance so that plans can be finalized before the event. A Hand-In-Hand Release Form is inserted into this newsletter. Please fill this out and return to the office as soon as possible. You can also fax it to the office at 937-222-0396.



Something Extra

Volume 33, Issue 5 / September & October Issue

Monthly Meetings / Events

Board Meetings

The board meetings are on the 2nd Monday of each month and are held in conference room A at the Job Center. Everyone is welcome to attend. The meetings start at 7pm.

September 13th
October 11th

Dad's Appreciating Down Syndrome

Gatherings are held on the second Tuesday of every month from 7:00-9:00 pm. For questions or to RSVP, please contact Mike Lee at 937-848-8607 or mikeandlouann04@sbcglobal.net.

September - No Meeting

October 12th - Little York Pizza, 4120 Little York, Dayton, at 7pm

Mom's Night Out

Please RSVP to Michele Powell at michelempowell@yahoo.com or 937-320-0382 if you plan on attending.

September 30th - Elsas in Kettering (3618 Linden Ave)

October 28th - Osakas Japanese Restaurant in Beavercreek (2476 Commons Blvd)

New Beginnings Playgroups

Temporarily Cancelled

General Meetings

September's General Meeting - September 16th at 6:30pm: This Month's General meeting will be held at the Job Center. We will be having a poster board making party. Since we are having everyone make their own Walk of Achievement poster boards this year for the Buddy Walk, this evening will be dedicated to making them if you haven't already done so by this time. MVDSA will provide the poster boards and supplies to help make them. All you need to bring are your pictures and information on your child that you would like to put on your poster board. If you would like to work on your poster board ahead of time, you can pick up a poster board in the office. This will also be the first time for everyone to pick-up their Buddy Walk t-shirts. A t-shirt form is inserted in this newsletter. Please bring the completed form with you when you come to pick-up your t-shirts. MVDSA will be providing pizza and beverages. Come, hang out, have fun and be creative.

October's General Meeting - October 21st at 6:30pm: This month's General Meeting will be held at the Job Center. We will be having our Halloween Costume party. There will be fun things for the kids to do, yummy food and a costume competition. This is a great time to have fun, let loose and get to know other families in our membership. More details to follow. Please RSVP to the office if you plan on attending.

Date Nite

This is a service provided by Far Hills Community Church. It takes place every 1st Friday of the month. They have trained caregivers to watch and care for your children while you are out for the evening. Doors open at 6:00 p.m. and they are open until 9:00 p.m. For more information, check out their website at datenite.org or by phone at 937-434-3232.

September 10th, October 1, November 5th

Teen/Adult Group

For information on upcoming events for the Teens & Adults Group, please contact Barb Schramm at 937-885-2281 or pathways9@sbcglobal.net.

Hanging Teen Group

This is a social group for teens with special needs. This is an activities based peer group with parent support. CHECK US OUT! Please R.S.V.P. to Jacqui Smith (Connor's Mom) by the Tuesday prior to the activity. Email windancerfarm@hotmail.com or call 937-723-8966.

September 17; 6:30 PM- Mini golf and pizza at Magic Castle (4990 Wilmington Pike), \$7 for pizza and golf

October 15- Hayride, details to be announced

Miriam McDaniel
 Michael Fischer
 Jack Barker
 Alan Millhouse
 Kathy Paris
 Dennis Tanner
 Gretchen Meyer
 Ryan Sauby
 Hope Middlestetter
 Ryan Gonzalez



Missed Birthday

Connor Utt
 July 14th

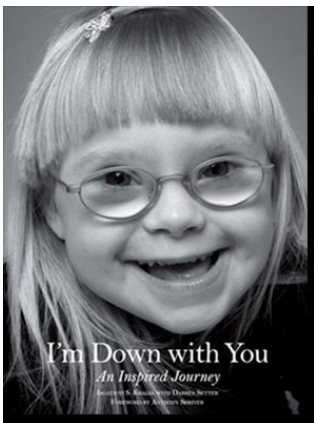
Grant Gentil
 Will Day
 Doug Hoyer
 Kylie Hannan
 Demetrius Lee
 Alex Short
 Jonathan Leavitt

We apologize for the mistake.

Happy Birthday!



Down TV, the latest project of the foundation Invest for children, www.investforchildren.org, an international nonprofit organization working to build a better life for people with intellectual disabilities, especially Down syndrome. Down TV, www.downtv.org is a website exclusively dedicated to videos related to Down syndrome, where you can find a wide selection of videos related to the Trisomy 21.



I'm Down with You ~ An Inspired Journey
www.imdownwithyou.com

The first creative project to come from The Other Person is You {foundation} is a heartfelt photographic and documentary journey within the Down syndrome community called *I'm Down with You*.

"I'm Down with You" is a photography book and documentary film that tells a story, visually and in words, about the incredible people met along the path. The documentary shows us all something deep within our hearts through the presentation of this community of amazing people. With the gift of an extra chromosome, they are in fact not "disabled" but "abled", their ability to love without hierarchy, have a strong self-esteem and to impact everyone they touch with an uplift found too rarely in our world these days.

We need to have new heroes and reminders that we can overcome adversity and love without fear or restriction and to be reminded of our potential. Within the Down syndrome community, there are not words, but actions – the action of grace, love, dwelling in the present and trust. We have new heroes, they just may not have been in the form we all expected.

The book contains over 100 photographs in the form of portraits and families along with essays by Betsy Goodwin, NDSS Founder; Sharon Stone, Actor and Activist; Anthony Shriver, CEO and Founder of Best Buddies; John Mcginley, Actor and National Spokesperson for Buddy Walk; and Jagatjoti Khalsa, photographer and creator of *I'm Down with You*. We have received the endorsement from every organization approached within this community. The documentary is being produced by Naked River Films and directed by Lubosh Cech.

We have partnerships with National Down Syndrome Society (NDSS), Best Buddies, Special Olympics, and over 100 local and regional Down syndrome organizations who will be using this book to raise money and awareness for their incredible efforts. Visit www.imdownwithyou.com to see highlights from the book.

Conferences In Ohio



OHIO SIBS

S I B S
SPECIAL INITIATIVES BY BROTHERS & SISTERS

The Ohio SIBS which is a non-profit organization that seeks to advocate, empower, educate, and unify families and service support organizations to improve the lives of our brothers and sisters with disabilities is holding their **10th Annual Ohio Adult Sibling Conference** at the Columbus Marriott Airport Hotel on **November 5-6, 2010**. As you know, once parents pass away, usually the responsibility and care of an individual with a disability falls into the hands of siblings. We hold the conference each year to bring siblings together and share experiences, become better informed decision makers, and gain the necessary tools to prepare and secure the future health and well-being of individuals with a disability and their families.

If you have any questions about the organization or the conference feel free to visit their website www.ohiosibs.com or contact Michelle Truby, at truby.5@osu.edu or 614.571.4542 with any questions.

Sibshops

What are Sibshops? Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between. They reflect a belief that brothers and sisters have much to offer one another if they are given a chance. Sibshops are a spirited mix of new games (designed to be unique, off-beat, and appealing to a wide ability range), new friends, and discussion activities. All siblings, aged 6-15 yrs old are invited to Sibshops. Parents are always welcome to stay, but children can be dropped off as well! **Registration is required.**

When are Sibshops? Fall 2010 Session is as follows:

Sun. Sept. 12 (3-5:30), Sun. Oct. 3 (3-5:30), Sun. Nov. 7 (3-5:30), Sun. Dec. 5 (3-5:30)

Where are Sibshops? Therapy Connections in Beaver Creek! Who can come to Sibshops? Siblings of kids with special needs, ages 6-15 yrs. Cost? The charge for Sibshops is \$40 per child for each 4-week session. (\$40 covers the fall 2010 session) Questions: please contact Lisa Flake: lflake@trumpetbehavioralhealth.com

2010 Down Syndrome Education Conference in Cleveland

The Down Syndrome Education Conference Cleveland 2010 is provided by experts from Down Syndrome Education International – a leading charity focused on improving outcomes for young people with Down syndrome everywhere. The Down Syndrome Education Conference Cleveland 2010 provides information and practical advice to help parents and professionals to provide the most effective education, therapy, care and support for children with Down syndrome. The event offers:

- A comprehensive program: The full and comprehensive program covers motor, cognitive, social, language, literacy and numeracy development from birth through teenage years, presenting up-to-date overviews of current knowledge and illustrating effective teaching techniques and approaches for people with Down syndrome.
- The latest scientific discoveries: Evidence-based information, advice and guidance, drawing on the latest scientific understanding of the developmental delays experienced by children with Down syndrome.
- Targeted 'Essentials' and 'In Depth' Tracks: Targeted one-day and two-day tracks share evidence-based teaching techniques for preschool, childhood and adolescent years. One-day 'Essentials' Tracks provide information particularly suitable for families. The two-day 'In Depth' Tracks provide a greater level of detail and are particularly suitable for professionals.
- Age-specific tracks: The conference offers tracks to provide information specific to early years (birth to 5 years of age), elementary school years (5 to 11 years of age) and high school years (11 to 16 years of age).
- Speech and Language track: A special two-day track for speech and language pathologists, providing the latest information and advice on promoting the speech and language development of children with Down syndrome.

The Down Syndrome Education Conference Cleveland 2010 is being held **November 3-5, 2010** at Crowne Plaza Hotel, 5300 Rockside Road, Independence, OH 44131. You can book and pay online at <http://go.downsed.org/?cleveland2010>. If you have any queries about your booking, please call (949) 757-1877 or email: conferences@downsedusa.org.

Montgomery County Board of Developmental Disabilities Recreation Schedule for 2010



Montgomery County Board of DD is pleased to offer a wide array of recreation opportunities for ages 6 on up. This list is only a handful of activities that Montgomery County Board of DD is offering. They also offer these classes: crafts, cooking, therapeutic horseback riding, safety, art, movie nights, and much more. For a complete list or if you have any questions about any of these activities, please contact Anita L. Kitchen at 918-2110 or email her at akitchen@mcbbdds.org. Here are a few upcoming activities:

Ages: 6 - 9

October 10 Young's Dairy Farm
October 29 Night at the Museum
November 26 Holiday Food Fun

Ages: 10 - 12

October 10 Young's Dairy Farm
October 29 Night at the Muesum
November 26 Holiday Food Fun

Ages: 13 - 17

October 1 Pirates of the Caribbean Dance
October 10 Young's Dairy Farm
October 29 Night at the Museum
November 5 Fall Fun Dance
November 14 Lacomedia - White Christmas
November 26 Holiday Food Fun

Ages: 18 & Up

September 17 Hayride in the Woods
September 19 Lacomedia - "Dirty Rotten Scoudrels"
September 24 Corn Maze
September 25 Renaissance Festival
October 2 Pirates of the Caribbean Dance
October 3 Cincinnati Reds Game
October 15 U.C.T. Annual Halloween Dance
October 16 Halloween Dinner & Haunted Houses
October 23 Kings Island Fearfest
November 6 Fall Fun Dance



HELP PASS THE ABLE ACT IN THIS CONGRESS!
*Contact Your Representatives to Convene a Hearing and
Vote on the ABLE Act Today*



As you know, the National Down Syndrome Society endorsed the **Achieving a Better Life Experience Act (ABLE) of 2009 (S. 493/H.R. 1205)**. The ABLE Act will give individuals with disabilities and their families the ability to save for their child's future just like every other American family, and help people with disabilities live full, productive lives in their communities. The ABLE Act will allow individuals with disabilities to create a disability savings accounts or 'ABLE Accounts' that would accrue interest tax-free. The account could fund a variety of essential expenses for the individual, including medical and dental care, education, community based supports, employment training, assistive technology, housing, and transportation.

The legislation continues to have widespread, bipartisan support. Currently, H.R. 1205 has 180 cosponsors, including 19 members of the House Ways & Means Committee.

The time to pass this bill is now. Please contact your Representatives to encourage them to convene a hearing and vote on the ABLE Act today!

Spreading Hope

When Cynthia Kidder's son Jordan was born with Down syndrome, she worried: What kind of life will he have? Will he ever fit in? Yet little by little, Jordan did more than just defy the odds: He also became a regular kid. And today, he's an inspiration to so many others! Sitting on the edge of the hospital bed, Cynthia Kidder gently traced the curve of her newborn son's cheek with the tip of her finger. Jordan was so beautiful, but as he opened his eyes, Cynthia saw that distinctive almond shape, unlike anyone in their family. It was one mark of Down syndrome. And, holding him close, tears filled the Rochester Hills, Michigan, mom's own eyes once again. Oh, Jordan, she thought sadly. What kind of life will you have? Cynthia feared things would always be different for him - different from his older brothers, Kevin & Harper, different from most of the world. It didn't help that doctors weren't encouraging. "He may never learn to read or write or be social," they cautioned. And though their voices were kind and sympathetic, their lack of hope broke Cynthia's heart more. Then, the phone rang and Cynthia picked it up to hear her sister's voice. "Congratulations!" her sister sang, and Cynthia smiled. But then, in her next breath, all her worries tumbled out. What if Jordan never learns to drive? What if he can't go to college or the prom?" For a long time, the other end of the line was silent. Then her sister replied, "You know, Kevin and Harper might not go to college or prom, either. But you haven't spent a lot of time worrying about that? Cynthia hadn't. She'd just taken for granted that they would. "So", her sister added quietly, "how is Jordan now, at one day old?" Cynthia looked down at him, asleep in her arms. "He's . . . He's perfect," she whispered. And in that moment, she could hear what her sister was really saying: Just love Jordan, and take it one day at a time.

Just a regular kid: In the months to come, Cynthia tried not to compare Jordan to his brothers, or to anyone else. He'll get there in his own time, she reminded herself. And soon, every milestone - rolling over to reach a toy he wanted, taking his first wobbly steps - was reason for celebration. And as Jordan listened to story after story, as he zoomed toy cars around the perimeter of the room, it struck Cynthia: Not only was Jordan defying doctors' predictions, but he truly was a regular kid. He loved puppies. He loved playing ball with his brothers. In fact, he was more like other children than unlike them, in just about every way possible. Now why doesn't anyone tell parents of babies with Down syndrome that? Cynthia thought. So Cynthia decided to do it - by creating Band of Angels (bandofangels.com), an organization to help people see the sameness of people with Down syndrome and the other special needs. Cynthia's first project was taking pictures of children doing things every kid loves: riding a skateboard, kicking their legs on a swing. After compiling them into a calendar, she handed them out to parents of babies with Down syndrome so they'd see other beautiful faces like their child's. So they'd know their child could have a joyful life. "All we've heard until now is bad news," one new mom, shaken by her daughter's diagnosis, told Cynthia. "But you helped us see the possibilities!"

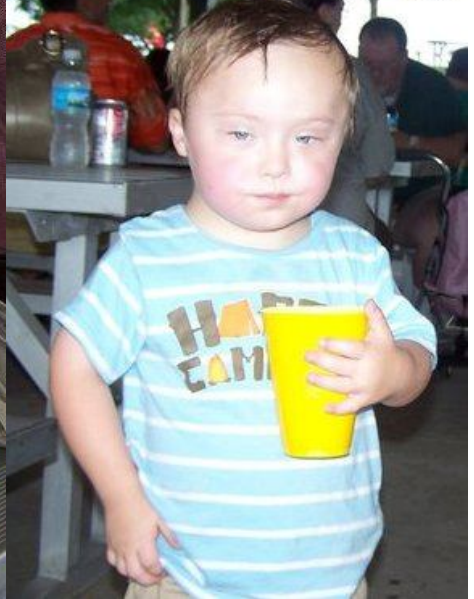
Jordan's Inspiration: Soon, many more families were thanking Band of Angels for their support groups and resources. For their featuring the latest research. For the bike camps Cynthia held for the kids and the scholarships they awarded to young people with Down syndrome. Now the sky is the limit for me! Wrote one young woman who longed to become a teacher. Meanwhile, Jordan - the inspiration for it all - was thriving, too. Not only was he in mainstream classes, but he was manager of the high school football team. "May I speak to Jordan?" classmates would call to ask. And one spring evening, Cynthia stood snapping pictures of Jordan as he pinned a corsage on his date . . . For the prom! "It was awesome!" Jordan beamed that evening. And Cynthia blinked back tears, marveling at the remarkable young man he had become. Now 20, Jordan is in college studying to become a veterinary assistant. He has a part-time job and tons of friends. In fact, he recently saved up to spend a week in Virginia Beach with "the guys!" And today, Cynthia gives out almost 2,500 "Celebrate!" packages every year containing her "Beautiful Faces" calendar and *Common Threads: Celebrating Life with Down Syndrome*, a book she co-wrote, sharing her message of hope - that parents should expect the unexpected and enjoy the journey with their child - with more than 40,000 families so far! "I'm constantly astounded by the difference in the life predicted for Jordan and the life he actually lives - and I wish I'd seen how wonderful and unique he was right away," she says. "None of us should ever accept what others say we can't do, and I want to tell other parents of kids with Down syndrome to never believe dire predictions, to allow your child to amaze you with - and yourself to be amazed by - their accomplishments every day!"

Written by Kristin Higson - Hughes

2010 Ice Cream Social



2010 Ice Cream Social





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Look What's Coming Up!

September

September 10th - Date Nite
September 13th - Board Meeting
September 16th - General Meeting at Job Center
September 17th - Hanging Teen Group
September 25th - BUDDY WALK @ DELCO PARK
September 30th - Mom's Night Out

October

October 1st - Date Nite
October 9th - Lexis Nexis Hand-In-Hand Festival
October 11th - Board Meeting
October 12th - D.A.D.S. Meeting @ Little York Pizza
October 15th - Hanging Teen Group
October 21st - General Meeting at the Job Center
October 28th - Mom's Night Out

Publishing Information: "Something Extra" is published six times a year by MVDSA.

Printing of Articles: We welcome articles from parents, professionals, and other interested parties. Material for consideration must be submitted to the MVDSA, 1133 S. Edwin C. Moses Blvd, Suite 190, Dayton, OH 45417-2071, or sent to editor@mvdsa.org.

Areas Served: Clark, Darke, Greene, Miami, Montgomery, Preble, Shelby, Auglaize, Logan, Mercer, and Champaign counties.

Policy Statement: The MVDSA does not endorse, recommend, or support any particular regime, therapy, or treatment.

Reprints: Contents may be reproduced if credit is given to the author and "Something Extra", the newsletter of the Miami Valley Down Syndrome Association.

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MVDSA Mission Statement: MVDSA is a non-for-profit organization of people with a common goal to provide information, support, and resources to individuals with Down Syndrome, their families, and their communities.

2010 Buddy Walk T-Shirt Pick-Up

Name of Person Picking Up Shirts

Team Name/Walking in Honor Of

JUST FILL IN THE NUMBER YOU NEED OF EACH SIZE!!!!!!

_____ 1T

_____ Adult Medium

_____ 2T

_____ Adult Large

_____ 4T

_____ Adult XL

_____ Youth Small

_____ Adult 2X

_____ Youth Medium

_____ 3X

_____ Youth Large/Adult Small